

## ITG- Inches To Go! Enhance Your Inch Loss!



As you shed pounds, you will also lose inches, normally about one inch from your overall body dimensions for every 10 pounds lost. When you add Inches To Go to your weight loss plan you'll see even better results. With this remarkable product you can take control of shaping your body as you lose weight. \*

Each Inches To Go capsule contains a carefully proportioned selection of compounds that work together to rid your body of excess inches. What's more, the nutrients in Inches To Go come from natural sources.

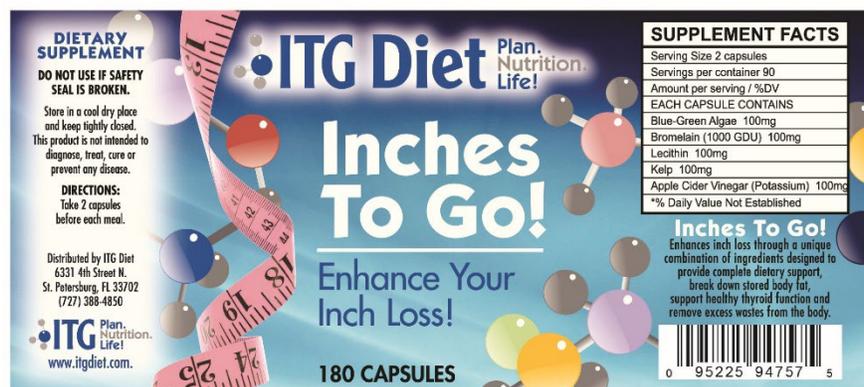
**Kelp** - A type of seaweed that grows in oceans around the world and is one of the richest sources of natural iodine, which is essential to your thyroid gland. The thyroid uses iodine to create hormones that regulate your metabolism. When you're not getting enough of these hormones, you're likely to feel sluggish and gain weight. Inches To Go provides your thyroid with what it needs to keep your cells vital and thriving.

**Lecithin** - Research shows that lecithin obtained from seeds and soybeans helps maintain healthy cholesterol levels. It reduces LDL, or "bad cholesterol" and increases HDL "good cholesterol." Perhaps just as important, lecithin helps you feel well-fed and energetic.

**Blue-Green Algae** - These are microscopic plants that use the energy of the sun to create life-supporting compounds. Inches To Go uses blue-green algae as a source of many nutrients including a variety of amino acids, the B vitamins, betacarotene, niacin, folic acid and vitamin E. These and other components of blue-green algae helps your body deal with stress, keep your appetite in check and boost your immune system.

**Apple Cider Vinegar** - Is rich in potassium, a nutrient that helps cells expel excess sodium, which in turn enables your body to flush out trapped fluid.

**Bromelain** - Is a mixture of what food scientists call proteolytic enzymes, which break down tissues in your body. Derived from the pineapple plant, bromelain has a number of positive effects, the most important of which is that stored fat breaks down more quickly.



**DIETARY SUPPLEMENT**  
DO NOT USE IF SAFETY SEAL IS BROKEN.  
Store in a cool dry place and keep tightly closed. This product is not intended to diagnose, treat, cure or prevent any disease.  
**DIRECTIONS:** Take 2 capsules before each meal.  
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**ITG Diet** Plan Nutrition Life!  
**Inches To Go!**  
Enhance Your Inch Loss!  
**180 CAPSULES**

SUPPLEMENT FACTS	
Serving Size	2 capsules
Servings per container	90
Amount per serving / %DV	
EACH CAPSULE CONTAINS	
Blue-Green Algae	100mg
Bromelain (1000 GDU)	100mg
Lecithin	100mg
Kelp	100mg
Apple Cider Vinegar (Potassium)	100mg
*% Daily Value Not Established	

**Inches To Go!**  
Enhances inch loss through a unique combination of ingredients designed to provide complete dietary support, break down stored body fat, support healthy thyroid function and remove excess wastes from the body.

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\*Note this product will only work with a weight loss plan. Not to be used and expect to lose inches without a plan. These statements have not been evaluated by the FDA. These products are not intended to treat, prevent or cure any disease